

## **When You've Taken a Hit**

*6/14/2009*

I want you to trust me in your times of trouble, so I can rescue you and you can give me glory. Psalm 50:14b (Living)

### **Trust God by...**

#### **1. Realizing I'm Not Alone**

God is our refuge and strength, an ever-present help in trouble. Psalm 46:1 (NIV)

When you go through deep waters and great trouble, I will be with you. When you go through rivers of difficulty, you will not drown! When you walk through the fire of oppression, you will not be burned up; the flames will not consume you. Isaiah 43:2 (NLT)

#### **2. Getting Real with God**

In my distress, I said, "God cannot see me!" But you heard my prayer when I cried out to you for help. Psalm 31:22 (NCV)

People, trust God all the time. Tell him all your problems, because God is our protection. Psalm 62:8 (NCV)

#### **3. Thanking Him No Matter What**

Give thanks in all circumstances, for this is God's will for you in Christ Jesus. 1 Thes. 5:18 (NIV)

We know that all things work together for the good of those who love God -- those whom he has called according to his plan. Romans 8:28 (GW)

#### **4. Refusing to Give Up**

We are pressed on every side by troubles, but not crushed and broken. We are perplexed because we don't know why things happen as they do, but we don't give up and quit...God never abandons us. We get knocked down, but we get up again and keep going. 2 Cor. 4:8-9 (Living)

The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full. John 10:10 (NIV)